





## MJFF LRRK2 COHORT CONSORTIUM (LRRK2C)

1 3 5

### GENE STATUS AND FAMILY HISTORY (PD)

3 0

SUBJECT ID	<input style="width: 100%;" type="text"/>	VISIT NO	<input style="width: 100%;" type="text"/>
INITIALS	<input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/>	SITE NO	<input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/>
	VISIT DATE	<input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/>	<input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/>
	MM	DD	YYYY

	NUMBER of FAMILY MEMBERS	NUMBER with PD or PARKINSONISM
4. Biological Mother	4.1 <input style="width: 20px;" type="text" value="1"/>	4.2 <input style="width: 20px;" type="text"/>
5. Biological Father	5.1 <input style="width: 20px;" type="text" value="1"/>	5.2 <input style="width: 20px;" type="text"/>
6. Full Siblings	6.1 <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/>	6.2 <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/>
7. Half Siblings	7.1 <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/>	7.2 <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/>
8. Maternal Grandparents	8.1 <input style="width: 20px;" type="text" value="2"/>	8.2 <input style="width: 20px;" type="text"/>
9. Paternal Grandparents	9.1 <input style="width: 20px;" type="text" value="2"/>	9.2 <input style="width: 20px;" type="text"/>
10. Maternal Aunts and Uncles	10.1 <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/>	11.2 <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/>
11. Paternal Aunts and Uncles	11.1 <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/>	11.2 <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/>
12. Children	12.1 <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/>	12.2 <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/>





# MJFF LRRK2 COHORT CONSORTIUM (LRRK2C)

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## UPDRS PART II

## [ON ONLY]

1	0	A
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SUBJECT ID

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VISIT NO

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### **PART II ACTIVITIES OF DAILY LIVING**

When completing this section, indicate the subject's level of function during the past week.

		ON
11.	<p><b>Hygiene:</b>                      0 = Normal.                      1 = Somewhat slow, but no help needed.                      2 = Needs help to shower or bathe; or very slow in hygienic care.                      3 = Requires assistance for washing, brushing teeth, combing hair, going to the bathroom.                      4 = Foley catheter or other mechanical aids.</p>	11.1 <input style="width: 30px; height: 20px;" type="text"/>
12.	<p><b>Turning in Bed and Adjusting Bedclothes:</b>                      0 = Normal.                      1 = Somewhat slow and clumsy, but no help needed.                      2 = Can turn alone or adjust sheets, but with great difficulty.                      3 = Can initiate, but not turn or adjust sheets alone.                      4 = Helpless.</p>	12.1 <input style="width: 30px; height: 20px;" type="text"/>
13.	<p><b>Falling (unrelated to freezing):</b>                      0 = None.                      1 = Rare falling.                      2 = Occasionally falls, less than once per day.                      3 = Falls an average of once daily.                      4 = Falls more than once daily.</p>	13.1 <input style="width: 30px; height: 20px;" type="text"/>
14.	<p><b>Freezing When Walking:</b>                      0 = None.                      1 = Rare freezing when walking; may have start-hesitation.                      2 = Occasional freezing when walking.                      3 = Frequent freezing. Occasionally falls from freezing.                      4 = Frequent falls from freezing.</p>	14.1 <input style="width: 30px; height: 20px;" type="text"/>
15.	<p><b>Walking:</b>                      0 = Normal.                      1 = Mild difficulty. May not swing arms or may tend to drag leg.                      2 = Moderate difficulty, but requires little or no assistance.                      3 = Severe disturbance of walking, requiring assistance.                      4 = Cannot walk at all, even with assistance.</p>	15.1 <input style="width: 30px; height: 20px;" type="text"/>
16.	<p><b>Tremor:</b>                      0 = Absent.                      1 = Slight and infrequently present.                      2 = Moderate; bothersome to patient.                      3 = Severe; interferes with many activities.                      4 = Marked; interferes with most activities.</p>	16.1 <input style="width: 30px; height: 20px;" type="text"/>
17.	<p><b>Sensory Complaints Related to Parkinsonism:</b>                      0 = None.                      1 = Occasionally has numbness, tingling, or mild aching.                      2 = Frequently has numbness, tingling, or aching; not distressing.                      3 = Frequent painful sensations.                      4 = Excruciating pain.</p>	17.1 <input style="width: 30px; height: 20px;" type="text"/>



# MJFF LRRK2 COHORT CONSORTIUM (LRRK2C)

1	3	5
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## UPDRS PART III

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### PART III MOTOR EXAMINATION (CONT) (Acceptable responses are 0, 1, 2, 3, 4)

22. **Rigidity:** (Judged on passive movement of major joints with subject relaxed in sitting position. Cogwheeling to be ignored.)
- 0 = Absent.  
 1 = Slight or detectable only when activated by mirror or other movements.  
 2 = Mild to moderate.  
 3 = Marked, but full range of motion easily achieved.  
 4 = Severe, range of motion achieved with difficulty.
- 22a. Neck
- 22b. RUE
- 22c. LUE
- 22d. RLE
- 22e. LLE
- 
23. **Finger Taps:** (Subject taps thumb with index finger in rapid succession with widest amplitude possible, each hand separately.)
- 0 = Normal.  
 1 = Mild slowing and/or reduction in amplitude.  
 2 = Moderately impaired. Definite and early fatiguing. May have occasional arrests in movement.  
 3 = Severely impaired. Frequent hesitation in initiating movements or arrests in ongoing movement.  
 4 = Can barely perform the task.
- 23a. Right Hand
- 23b. Left Hand
- 
24. **Hand Movements:** (Subject opens and closes hands in rapid succession with widest amplitude possible, each hand separately.)
- 0 = Normal.  
 1 = Mild slowing and/or reduction in amplitude.  
 2 = Moderately impaired. Definite and early fatiguing. May have occasional arrests in movement.  
 3 = Severely impaired. Frequent hesitation in initiating movements or arrests in ongoing movement.  
 4 = Can barely perform the task.
- 24a. Right Hand
- 24b. Left Hand
- 
25. **Rapid Alternating Movements of Hands:** (Pronation-supination movements of hands, vertically or horizontally, with as large an amplitude as possible, both hands simultaneously.)
- 0 = Normal.  
 1 = Mild slowing and/or reduction in amplitude.  
 2 = Moderately impaired. Definite and early fatiguing. May have occasional arrests in movement.  
 3 = Severely impaired. Frequent hesitation in initiating movements or arrests in ongoing movement.  
 4 = Can barely perform the task.
- 25a. Right Hand
- 25b. Left Hand
- 
26. **Leg Agility:** (Subject taps heel on ground in rapid succession, picking up entire leg. Amplitude should be about 3 inches.)
- 0 = Normal.  
 1 = Mild slowing and/or reduction in amplitude.  
 2 = Moderately impaired. Definite and early fatiguing. May have occasional arrests in movement.  
 3 = Severely impaired. Frequent hesitation in initiating movements or arrests in ongoing movement.  
 4 = Can barely perform the task.
- 26a. Right Leg
- 26b. Left Leg



# MJFF LRRK2 COHORT CONSORTIUM (LRRK2C)

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## UPDRS PART III

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### PART III MOTOR EXAMINATION (CONT) (Acceptable responses are 0, 1, 2, 3, 4)

27. **Arising from Chair:** (Subject attempts to arise from a straight-back wood or metal chair with arms folded across chest.) 27.   
 0 = Normal.  
 1 = Slow; or may need more than one attempt.  
 2 = Pushes self up from arms of seat.  
 3 = Tends to fall back and may have to try more than one time, but can get up without help.  
 4 = Unable to arise without help.
28. **Posture:** 28.   
 0 = Normal erect.  
 1 = Not quite erect, slightly stooped posture; could be normal for older person.  
 2 = Moderately stooped posture, definitely abnormal; can be slightly leaning to one side.  
 3 = Severely stooped posture with kyphosis; can be moderately leaning to one side.  
 4 = Marked flexion with extreme abnormality of posture.
29. **Gait:** 29.   
 0 = Normal.  
 1 = Walks slowly, may shuffle with short steps, but no festination or propulsion.  
 2 = Walks with difficulty, but requires little or no assistance; may have some festination, short steps, or propulsion.  
 3 = Severe disturbance of gait, requiring assistance.  
 4 = Cannot walk at all, even with assistance.
30. **Postural Stability:** (Response to sudden posterior displacement produced by pull on shoulders while subject is erect, with eyes open and feet slightly apart. Subject is prepared.) 30.   
 0 = Normal.  
 1 = Retropulsion, but recovers unaided.  
 2 = Absence of postural response; would fall if not caught by examiner.  
 3 = Very unstable, tends to lose balance spontaneously.  
 4 = Unable to stand without assistance.
31. **Body Bradykinesia and Hypokinesia:** (Combining slowness, hesitancy, decreased arm swing, small amplitude, and poverty of movement in general.) 31.   
 0 = None.  
 1 = Minimal slowness, giving movement a deliberate character; could be normal for some persons. Possibly reduced amplitude.  
 2 = Mild degree of slowness and poverty of movement which is definitely abnormal. Alternatively, some reduced amplitude.  
 3 = Moderate slowness, poverty or small amplitude of movement.  
 4 = Marked slowness, poverty or small amplitude of movement.
- A. Indicate the subject's PD state during the examination: A.   
 1 = Fluctuator - "On" during exam  
 2 = Fluctuator - Fluctuated during the exam  
 3 = Fluctuator - "Off" during exam  
 4 = Non-fluctuator





## MJFF LRRK2 COHORT CONSORTIUM (LRRK2C)

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### MODIFIED SCHWAB & ENGLAND ADL [ON ONLY]

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INITIALS	<input style="width: 30px;" type="text"/> <input style="width: 30px;" type="text"/> <input style="width: 30px;" type="text"/>	SITE NO	<input style="width: 30px;" type="text"/> <input style="width: 30px;" type="text"/> <input style="width: 30px;" type="text"/>
	VISIT DATE	<input style="width: 30px;" type="text"/> <input style="width: 30px;" type="text"/>	<input style="width: 30px;" type="text"/> <input style="width: 30px;" type="text"/> <input style="width: 30px;" type="text"/> <input style="width: 30px;" type="text"/>
		MM	DD
			YYYY

- 100% Completely independent. Able to do all chores without slowness, difficulty or impairment. Essentially normal. Unaware of any difficulty.
- 90% Completely independent. Able to do all chores with some degree of slowness, difficulty and impairment. Might take twice as long. Beginning to be aware of difficulty.
- 80% Completely independent in most chores. Takes twice as long. Conscious of difficulty and slowness.
- 70% Not completely independent. More difficulty with some chores. Three to four times as long in some. Must spend a large part of the day with chores.
- 60% Some dependency. Can do most chores, but exceedingly slowly and with much effort. Errors; some impossible.
- 50% More dependent. Help with half, slower, etc. Difficulty with everything.
- 40% Very dependent. Can assist with all chores but few alone.
- 30% With effort, now and then does a few chores alone or begins alone. Much help needed.
- 20% Nothing alone. Can be a slight help with some chores. Severe invalid.
- 10% Totally dependent, helpless. Complete invalid.
- 0% Vegetative functions such as swallowing, bladder, and bowel functions are not functioning. Bedridden.

A. The subject's PD symptoms during the past week were:  
 1 = Non Fluctuator  
 2 = Fluctuator

A.

Consensus rating  
 (Investigator, patient, other sources)

ON
1a. <input style="width: 30px;" type="text"/> <input style="width: 30px;" type="text"/> <input style="width: 30px;" type="text"/>



**MJFF LRRK2 COHORT CONSORTIUM (LRRK2C)  
MONTREAL COGNITIVE ASSESSMENT (MoCA)**

1 3 5

2 0

SUBJECT ID                      VISIT NO

Record score for each item below. There is a 1 point maximum unless otherwise noted.

8. Abstraction [2 point maximum] 8.

9. Delayed Recall

9a. Face 9a.

9b. Velvet 9b.

9c. Church 9c.

9d. Daisy 9d.

9e. Red 9e.

10. Orientation

10a. Date 10a.

10b. Month 10b.

10c. Year 10c.

10d. Day 10d.

10e. Place 10e.

10f. City 10f.

TOTAL SCORE: Sum all subscores listed (1-10f). Add 1 point for subject who has 12 years or fewer of formal education.







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14. In the past month, when standing up have you had the feeling of either becoming light-headed, or no longer being able to see properly, or no longer being able to think clearly?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
never	sometimes	regularly	often
15. In the past month, did you become light-headed after standing for some time?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
never	sometimes	regularly	often
16. Have you fainted in the past 6 months?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
never	sometimes	regularly	often
17. In the past month, have you ever perspired excessively during the day?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
never	sometimes	regularly	often
18. In the past month, have you ever perspired excessively during the night?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
never	sometimes	regularly	often
19. In the past month, have your eyes ever been over-sensitive to bright light?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
never	sometimes	regularly	often
20. In the past month, how often have you had trouble tolerating cold?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
never	sometimes	regularly	often
21. In the past month, how often have you had trouble tolerating heat?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
never	sometimes	regularly	often



SUBJECT ID	<table border="1" style="width: 100%; border-collapse: collapse; height: 20px;"> <tr> <td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td><td style="width: 10%;"></td> </tr> </table>																					VISIT NO	<table border="1" style="width: 100%; border-collapse: collapse; height: 20px;"> <tr> <td style="width: 20%;"></td><td style="width: 20%;"></td><td style="width: 20%;"></td><td style="width: 20%;"></td><td style="width: 20%;"></td> </tr> </table>					

**The following questions are for everyone**

26. In the past month, have you used medication for:

- |   |                                |  |  |
|---|--------------------------------|--|--|
| a. constipation?  | <input type="checkbox"/><br>no | <input type="checkbox"/><br>yes: _____ |  |
| b. urinary problems?  | <input type="checkbox"/><br>no | <input type="checkbox"/><br>yes: _____ |  |
| c. blood pressure?  | <input type="checkbox"/><br>no | <input type="checkbox"/><br>yes: _____ |  |
| d. other symptoms<br><i>(not symptoms related to Parkinson's disease)</i> | <input type="checkbox"/><br>no | <input type="checkbox"/><br>yes: _____ |  |
- 

© This questionnaire is made available free of charge, with the permission of the authors, to all those undertaking non-profit and profit making research. Future users may be requested to share data for psychometric purposes. Use of this questionnaire in studies should be communicated to the developers. No changes may be made to the questionnaire without written permission. Please use the following reference in publications:

Visser M, Marinus J, Stiggebout AM, van Hilten JJ. Assessment of autonomic dysfunction in Parkinson's disease: The SCOPA-AUT. *Mov Disord.* 2004;19:1306-12.

For further information, please contact M. Visser, Leiden University Medical Center, Department of Neurology (K5Q), P.O. Box 9600, NL-2300 RC Leiden (email: m.visser@lumc.nl).







# MJFF LRRK2 COHORT CONSORTIUM (LRRK2C)

1 3 5

## REM SLEEP DISORDER QUESTIONNAIRE

3 8

SUBJECT ID																	VISIT NO			
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10. I have/had a disease of the nervous system: (0 = No, 1 = Yes)

- 10a. stroke 10a.
- 10b. head trauma 10b.
- 10c. parkinsonism 10c.
- 10d. RLS 10d.
- 10e. narcolepsy 10e.
- 10f. depression 10f.
- 10g. epilepsy 10g.
- 10h. inflammatory disease of the brain 10h.
- 10i. other, specify: \_\_\_\_\_ 10i.

















SUBJECT ID

Grid for subject ID

VISIT NO

Grid for visit number

B2) At what age (or in what year) did you start regularly drinking caffeinated black tea?

Form for B2: Caffeinated black tea, Age started, Year started, Don't know, Refused

B3) At what age (or in what year) did you stop regularly drinking caffeinated black tea?

Form for B3: Caffeinated black tea, Age stopped, Year stopped, Currently drink, Don't know, Refused

B4) During this time, were there periods totaling 5 or more years when you did NOT regularly drink caffeinated black tea?

1  Yes

B4a) During this time, approximately how many years in total did you NOT regularly drink caffeinated black tea: \_\_\_\_\_ yrs

B4b) What ages were you when you did NOT regularly drink caffeinated black tea? (If there were multiple periods when you did not regularly drink, please report each period separately.)

Form for B4b: AGE: [ ][ ] to AGE: [ ][ ]

0  No

-9  Don't Know

-7  Refused

B5) Averaging over your lifetime, during the time you were regularly drinking caffeinated black tea, about how many cups per week did you drink?

Form for B5: Number of cups/week, Don't know, Refused

SUBJECT ID

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VISIT NO

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**SECTION C: CAFFEINATED GREEN TEA**

**C1) In your lifetime, have you ever regularly drunk caffeinated green tea, that is, at least once per week for 6 months or longer?**

1  Yes → GO TO C2

0  No → (SKIP TO SECTION D)

-9  Don't Know → (SKIP TO SECTION D)

-7  Refused → (SKIP TO SECTION D)

**C2) At what age (or in what year) did you start regularly drinking caffeinated green tea?**

Age started

Year started

Don't know

Refused

Caffeinated green tea

|\_|\_|

or

|\_|\_|\_|\_|

-9

-7

**C3) At what age (or in what year) did you stop regularly drinking caffeinated green tea?**

Age stopped

Year stopped

Currently drink

Don't know

Refused

Caffeinated green tea

|\_|\_|

or

|\_|\_|\_|\_|

-5

-9

-7



SUBJECT ID															VISIT NO			
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**C4) During this time, were there periods totaling 5 or more years when you did NOT regularly drink caffeinated green tea?**

1  Yes

→ C4a) During this time, approximately how many years in total did you NOT regularly drink caffeinated green tea: \_\_\_\_\_ yrs

→ C4b) What ages were you when you did NOT regularly drink caffeinated green tea? (If there were multiple periods when you did not regularly drink, please report each period separately.)

AGE:    to AGE:

→ AGE:    to AGE:

AGE:    to AGE:

0  No

-9  Don't Know

-7  Refused

**C5) Averaging over your lifetime, during the time you were regularly drinking caffeinated green tea, about how many cups per week did you drink?**

Number of		Don't know	Refused
	cups/week		
Caffeinated green tea	<input type="text"/> <input type="text"/> <input type="text"/>	-9 <input type="checkbox"/>	-7 <input type="checkbox"/>

**SECTION D: CAFFEINATED SODA**

**D1) In your lifetime, have you ever regularly drunk caffeinated soda, that is, at least once per week for 6 months or longer?**

1  Yes → GO TO D2

0  No → (SKIP TO NEXT FORM)

-9  Don't Know → (SKIP TO NEXT FORM)

-7  Refused → (SKIP TO NEXT FORM)



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INITIALS	<input type="text"/>	<input type="text"/>	<input type="text"/>	SITE NO	<input type="text"/>	<input type="text"/>	<input type="text"/>	VISIT DATE	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
								MM	DD		YYYY			

## PD RFQ-U – HEAD INJURY OR CONCUSSION

The following questions ask about any head injuries you may have had during your lifetime. Please answer these questions to the best of your ability.

**1) Have you ever had a head injury or concussion?** These may have occurred during sporting activities, from falls, violence, car accidents, or other accidents. Include injuries from both childhood and adulthood.

- 1  Yes
- 2  Possibly
- 0  No → (SKIP TO NEXT FORM)
- 9  Don't Know → (SKIP TO NEXT FORM)
- 7  Refused → (SKIP TO NEXT FORM)

**2) In your lifetime, how many have you had?** Give your best estimate.

- 1  1
- 2  2
- 3  3
- 4  4
- 5  more than 4

### **SECTION A. Please answer the following questions about your FIRST head injury.**

**A.1) At what age (or in what year) did the head injury occur?**

AGE:  or YEAR:

**A.2) Did you lose consciousness from this injury?**

- 1  Yes
- 0  No → (SKIP TO QUESTION A.4)
- 9  Don't Know → (SKIP TO QUESTION A.4)
- 7  Refused → (SKIP TO QUESTION A.4)

**A.3) How long were you unconscious?**

- 1  less than 5 minutes
- 2  5-59 minutes
- 3  1-24 hours
- 4  longer than 1 day
- 9  Don't Know























SUBJECT ID

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VISIT NO

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5) During this time, were there periods totaling 5 or more years when you did NOT regularly drink alcohol?

1  Yes

→ 5a) During this time, approximately how many years in total did you NOT regularly drink: \_\_\_\_\_ yrs

→ 5b) What ages were you when you did not regularly drink? (If there were multiple periods when you did NOT regularly drink, please report each period separately.)

→	AGE: [ ][ ]	to	AGE: [ ][ ]
	AGE: [ ][ ]	to	AGE: [ ][ ]
	AGE: [ ][ ]	to	AGE: [ ][ ]

0  No

-9  Don't Know

-7  Refused

6) During the years when you regularly drank alcohol, on average, how many servings of each type of alcohol did you drink per week? (A serving of alcohol is one can or bottle of beer, one glass of wine, or one shot of liquor or spirits.)

Number		Never	Don't	
	of servings/week	drank	know	Refused
a) Beer	[ ][ ]	-5 <input type="checkbox"/>	-9 <input type="checkbox"/>	-7 <input type="checkbox"/>
b) Liquor or Spirits	[ ][ ]	-5 <input type="checkbox"/>	-9 <input type="checkbox"/>	-7 <input type="checkbox"/>
c) Red Wine	[ ][ ]	-5 <input type="checkbox"/>	-9 <input type="checkbox"/>	-7 <input type="checkbox"/>
d) White Wine	[ ][ ]	-5 <input type="checkbox"/>	-9 <input type="checkbox"/>	-7 <input type="checkbox"/>

PLEASE CONTINUE TO THE NEXT FORM