

Veronique Enos Kaefer:

Hello, everyone, and welcome. We are just seconds away from debuting a conversation between Michael J. Fox and Debi Brooks, co-founder of the Foundation. I'm Veronique Enos Kaefer, Vice President of Philanthropy at The Michael J. Fox Foundation. We are at the peak of our celebrations for this year's Parkinson's Awareness Month, and we're so glad you could join us. Before we dive in, I'd like to cover just a few housekeeping items.

Veronique Enos Kaefer:

First, as an attendee, you are in a one way viewing experience. You'll notice that your camera is off and your mic is muted. This setting is to ensure that you can see and hear the event uninterrupted. That being said, we encourage you to type in questions throughout the duration of the event. There is a box in the middle of the screen called Q&A, put your questions there. A member of our team will respond directly to as many as possible. Lastly, we have included links to resources for you and your family. Refer to the box called Resource List for more, including how to get involved in our PPMI clinical study. Thanks again for joining and with that, Michael and Debi, take it away.

Debi Brooks:

Hi, everybody. Welcome. I'm so glad you can join me today for my conversation with Michael J. Fox. Mike, it's great to have you. I so appreciate you taking time to be with us. Michael's fourth book was published last fall, *No Time Like the Future*. There was no plan for it to come out during COVID, but it's amazingly prescient in terms of some of the themes that are present. It's Michael's fourth bestseller, and I think one of the things that truly resonates is Michael's candor and also this message about, kind of a re-reflection of the concept of optimism. Michael's spoken a lot about this book and I can't get enough of it myself, but I'm really excited because it's important for us to get a chance to have Michael speak directly to this community. Michael, it's been more than a year since this crazy world came to a standstill and I think it feels like there's a light at the end of the tunnel. I'm just wondering though, how are you seeing it? How are you feeling these days?

Michael J. Fox:

Feels like being in a tunnel. The question is, how long is the tunnel?

Debi Brooks:

Yeah, fair enough.

Michael J. Fox:

No, there's always light at the end of the tunnel and it took me, I mean this is a real examination of that. That's kind of why I say in the book, it risks sounding glib to be that optimistic in the face of a lot of real crap that we face and really hard stuff. And then I looked at that and I said, "Is my optimism like a defensive reflexiveness? Is it just like a fake thing? If I can't get through this ... I had a particularly tough couple of circumstances that came up on another. And then, so in dealing with that, I went, "What is this optimism stuff?" That optimism is finite, it gets to a point and then can't really get any further in it. And I got all cranky. This is my cranky book.

Debi Brooks:

And I think I'm right up there in terms of optimism with you. So sticking with COVID a little bit, one of the things that I've really witnessed or marveled at some extent is how it's showing the world about the power of science. We were on a mission for the last year to just do everything possible not to have science interrupted and particularly the momentum in the science for PD. I think more people are getting science and health, gaining literacy around these topics. That excites me and I think that we know that there's still more that will expand in terms of the way that people can get involved. What

have you been thinking about how COVID is playing out, what have you been watching for as science has been on the news every day for the last year?

Michael J. Fox:

Well, it was a terrific juxtaposition of a existing mentality that there was anti-science and anti-progress in the sense of the reality. So that aside, the negative part aside, the positive side of it was that everybody became very invested in science and people were getting invested in the fact that there were people all over the world who applied themselves to coming up with an answer for this. And the way it manifested itself, the need manifested itself in a real desire and real energy to create something new, and in doing that created a template where we could go, "We could apply this other things." We wanted a vaccine, we got a vaccine. We wanted to go to the moon, we went to the moon. We want to cure Parkinson's, we'll cure Parkinson's.

Michael J. Fox:

You just got to do it. You just got to. And I know it's easier said than done and we've been at it for 20 years and a billion dollars worth. But that's what it takes. And you can go, "Oh, it'll take billions of dollars. It'll take dozens of years." Well, shit, maybe. [inaudible 00:05:15] it's going to be? Our question is not how is it going to be, how is it going to feel, how's it going to look, how's it going to taste, what's it going to be like? Will it be hats, will be glasses, will be cocktails? No, it doesn't matter. Just, we're going to do it or we're going to not do it.

Michael J. Fox:

And that sounds so simple, but you see it applied in the area of vaccine and people get that it's real. That we're not dreaming about these things, we're envisioning them and making them real.

Debi Brooks:

You know, I'm really encouraged actually by the parallels I see. I mean, listen, we aren't driving vaccines for COVID. This has been an unprecedented global effort, but I would say that where we see the state of Parkinson's today is also an unprecedented global effort. And it's bringing together patients, bringing their voice into the process. It's basic science, it's translational research in the biotech sector. It's engaging in, right now, very deeply engaged pharma partners who are here to take those once nascent ideas over the goal line to patients.

Debi Brooks:

And so talking about health stuff of course, having Parkinson's disease doesn't make you immune from other challenges. And of course we're here to talk a little bit about your book today, and it's all about the challenges that you found yourself facing in 2018. And it practically caused you to ditch your signature optimism. And just want to ask you to talk a little bit about where you landed, not literally on the floor with the broken arm, but where you landed after facing these obstacles and kind of one of the punctuating questions I have is, do you still think you're an optimist?

Michael J. Fox:

I'm absolutely an optimist. But I've learned that you can be an optimist and a realist. That really the key to optimism I found is to acknowledge what's not good and what's the problem, and whether it's your health or the way you deal with your health or in some other area of your life. It's to accept a negative, or not even to characterize it or judge as negative.

Michael J. Fox:

Just saying Parkinson's a thing and if I don't acknowledge every aspect of it and I don't accept it on some level, and accept does not mean that I can't ever change it, but as soon as I accept it for what it is, that it's a thing in my life and there's no for other things in my life, and there's room for other dynamic, beautiful, wonderful things. But that is what it is and it's always been real. And will, because Parkinson's, it'll progress and change and I need to change and go with it.

Michael J. Fox:

But all the while plotting it's murder, all the while plotting it's doom. But in life, it's just accept and embrace and be grateful for what you define to be grateful about. And anything you can find something to be grateful about, anything. And that will supply you, that'll sustain your optimism.

Michael J. Fox:

And so it's like a pinpoint of light, [inaudible 00:08:42] a light at the end of the tunnel. So it's just like a pinpoint of light. I mean, you kind of see it more a bit off to the side in the periphery, but when you look at it, it's going to take up the whole field. It just becomes the most powerful thing. You just kind of go, "Yeah, the people in my life, the people who have responded to ... I fell down, but the person picked me up." Amazing.

Debi Brooks:

We have a question that I want to share, and this is from Dave. And his question is on really, it asks about the importance of the Parkinson's story. Let's hear from Dave.

Dave Iverson:

Hi, Michael and Debi. Michael, one of the things in your book that I found particularly striking was what you wrote about after you fell and shattered your wrist, that it was oddly sort of comforting to get an x-ray that revealed with such clarity what was broken. Because in Parkinson's we don't have an x-ray, there's nothing that reveals what breaks in Parkinson's disease. And it reminded me of why it's so important then that we be able to tell the Parkinson's story with precision, in a way that's revealing, but in a way that's also revealing emotionally, which is what I think you've done in your book, and in so many other things in your life. So could you say a little bit more about the importance of telling our story with truth and with revelation?

Michael J. Fox:

Well, first of all I want to say Dave is so great. He's so articulate, but he gets it. He just gets the importance of communicating. He's just a great voice for us. What you refer to, what we put in the book, where I get an x-ray of my arm. One of the first things was the doctor showed me an x-ray of what they had just done into my arm, because I had been out all the time. He gave me some morphine on my kitchen floor and I woke up in the hospital a day later. But I mentioned and the thing, I had this x-ray and I kept showing it to people, not just for shock value, but it just was amazing. It was Frankensteinian, it was this plate in my arm. It's still there 16 pins.

Debi Brooks:

Oh I remember! You showed it to me with pride! "Look it! There's 16 pins in there!" Or something. It's crazy! It was gruesome, by the way, gruesome.

Michael J. Fox:

But, I realized why am I being a nasty uncle showing dirty pictures to everybody at the family reunion? But it was about having something to show "this is what I'm dealing with," "this is what's happening to me," "this is what's inside me." Plates, pins, screws. You can see the bone where it was shattered and reconnected. And it was so great to have that picture. And eventually, over time, I stopped pulling it out and showing it to people. Because it was healing. I pine for people with Parkinson's, who don't have

"here's what's wrong with you," but we don't have that. It's its own logic. It happens on some microscopic level.

Michael J. Fox:

So it made me realize that it's okay to show people in some way and say "that's it." People might have noticed, that I don't really care if I'm symptomatic. I don't care if I do shows or appearances or walking down the street. It's just my reality, and until I can change it, that's my reality. There's a lot of good in that. There's a lot of good that that's brought out of me. A lot of good that it's inspired in other people. So I wanted to talk about that. About having that moment of clarity and saying "yeah, I want to show people. I want to show people what I have. Show people what I'm dealing with."

Michael J. Fox:

You see this, you see the stumble. What does that mean to you? It means so many different things. To me it's like a hiccup in my way down the road. To you it's like "oh that guy, he just about fell." Well, he's about to fall about 90 times a day. When I trip and fall, I have this spinal thing, in addition to Parkinson's. You put dyskinesia in with, dystonia in with bad spine and bad neural connections, it's not a pretty picture.

Michael J. Fox:

But I'll start to fall down, and I can be fine because of all of the stunts that I've done and all the sports I've played. I can find a way to fall down. If I'm falling, like in the book when I fall down the Himalayas, I can get myself into a position where I'm assuming an okay fall, and I'll be okay. If you try to help me, if you reach out and grab me, now you've thrown off my whole wad, and my whole inner gyroscope, and finding a way to fall down, it's now screwed up and we're both going down. I know how to fall, and you don't, and you're going to get hurt.

Michael J. Fox:

It's really tough. All that stuff, you can see it goes back to the picture. You see me falling, you see me having a problem manipulating something, or saying something, the speech might be off at that moment. I can't show you a picture, but this process is happening and I'm dealing with it.

Debi Brooks:

Well, I'm always so impressed. And it's not for everybody. It's not a prescription per se, but I've witnessed first-hand how, as people feel comfort telling their stories, it gives them such relief. It removes a layer of stress. You know, you even talk about you lost your vanity years ago. That's easy for you to say, you're such a cute guy. But it's just the courage and the comfort that it takes to just be human. And I think you show a lot of people that way. We have another question, this one is from Nicole, and hers relates to recently retiring. Let's hear from Nicole.

Nicole Jarvis:

Hi Michael, hi Debi. Thank you so much for having me. I recently made the very difficult decision with my doctor to retire after being a private practice OB/GYN physician in my community for 17 years, the last 10 of which I was also living with Parkinson's disease. I am a single mom of twin boys. How have you handled the changes and losing some independence, but at the same time maintaining your identity and being the person that you've always been.

Michael J. Fox:

When you said you retired, it struck me that "what is retiring?" With me, I felt I use the word retirement, and I said I retired from Sin City and I retired from the entertainment business, but then I started

working in... I'm just saying that you don't have to find sharp definitions for everything. We don't have to say "I retired." You may find something that means something to you, but doesn't pay you maybe. It's a continuance of your journey and your mission and what you're trying to do. It's just as important as these more transactional like "have you shown up at a job?"

Michael J. Fox:

It's hard, I always say to Tracy "I didn't retire, I don't do transactions anymore." One of the great things that people can do for me is not carry me down the road, not put me over their shoulder. I don't need any of that, but if you can take care of this coin operated machine for me, because I'm going to be here all day putting quarters in, I'll take it. Help me out. If you can get my shoe, be better if you got my shoelace, I appreciate that. Sometimes my shoe is just untied and I'll forget. I'll say that, and it used to be I was like "Oh, no, no. You don't have to help me put my coat on."

Michael J. Fox:

All that stuff, I look at retirement as, "I can catch up on the big stuff, and if you want to help me with the little stuff, great." So retirement is not a loss of franchise, retirement is new opportunities, new freedoms. As it relates to Parkinson's disease is the ability to not have to tap it down to complete a mission, complete a chore, a transaction. It doesn't matter, it can just be what it is and I'll move on to the next thing I want to do.

Debi Brooks:

Second acts are great surprises in life. And Nicole already mentioned something that I know so many people value, Parkinson's or otherwise, which is her children and her family and the richness. There's so much still going on in her life. We received tons of questions and comments in social media about your family, and just family in general, and parenting in general.

Debi Brooks:

There was a question from a woman, Mary-rae from Suffolk county, New York. And she asks how and if your Parkinson's diagnosis changed your parenting life.

Michael J. Fox:

Well my son was the only one that was born before my diagnosis, and he's 32 now. He was a kind of colicky baby, we used to call him "serious Sam," and he was serious when he was born. And then I think a lot of his anxieties he had. First born. He gets all the bad sides, all your craziness as a parent, all your anxieties as a parent, gets injected on this child and so it's a difficult thing to come back from. But I think he absorbed my resiliency and absorbed my positive attitude. He could see what I was dealing with as things increased.

Michael J. Fox:

He's spoken on behalf of the foundation a few times. He's a brilliant kid. Just a big heart. I was really surprised the first time I talked about Parkinson's in an interview and I was like, "wow, you really get it! You understand it!" I didn't realize he had been watching me, he had to learn from me. And it's not a credit to me, it's just the circumstances. There's always something good. There's always gratitude, there's always something to be grateful for. And I'm grateful for the fact that my children look at this the way that they do. They don't make it saccharine and sentimental. "Oh, Dad." They're like "Yeah, he's all right. He fell down he'll get up."

Michael J. Fox:

They just get it. They just get it. And they're all hard working and some anxieties that I think that are relatable too. That no doubt come with it. But I think in the whole picture, it's taught them to not take

things for granted, to be grateful for what you have, to work hard to get something you don't have and you want. Always strive, always aspire, and be nice to people.

Debi Brooks:

I remember, you talked so long, even when I was adopting my twins, and you have twin girls who are a little older, and you talk about parenting with such humanity and wisdom for what you can't control. And I think one of things I've always admired about you and Tracy, and you say this a lot, you let Parkinson's have just what it needs and no more. And one of those areas where the "no more" shows up the most is at home.

Michael J. Fox:

Tracy is extraordinary. But there are a lot of Tracys out there, they're just partners. She's just my partner. My partnership has not been sabotaged by this, my partnership has not been damaged by this, it's been strengthened by it. I don't feel like I'm coming at any situation with a deficit

Michael J. Fox:

She views me bringing my personal experience into any, whatever we do, as an asset. I have my own thoughts and my own approach to something. And on top of that, in fact I have dealt with it through Parkinson's and it's an asset. It becomes an asset. Not a deficit.

Debi Brooks:

We have another video question, and it's actually a little along these lines, from Prentis and Christie Brooks, no relation. They are asking you a question about support systems.

Prentis Brooks:

Hi, Michael. Hi, Debi. We appreciate all that you do at the foundation, and we're thankful to be part of this program.

Christie Brooks:

One thread that I saw throughout the book was that of support systems. Many support systems that you have from the golfing guys to Tracy and your children. I know that it's really important to me, Prentis offers me one type of support, and then the kids also... And trying to find that balance between keeping my independence and offering me the support that I need. Can you speak a little bit about what that support system means to you and how that looks with yours? Thank you.

Michael J. Fox:

Well, again, it can be a word of gratitude. So grateful to those support systems I have. When you said the key one is family and friends that you have social customs with and relationships with. And also work potentially, I guess it could be not supportive, but that can be a support system. When people make slight alterations in order for you to do what you do in a new way or an expanding or an evolving way.

Michael J. Fox:

I write in the book about being in a wheelchair, and how you feel like baggage, because no one is relating with you, no one is talking with you, looking at you. And it's asses and elbows, and you're just in this chair parked up against the wall or by the plant. You will say it right. What support systems do, turn the chair around. Back you into the elevator, instead of pushing you headfirst. Just noticing it, noticing what your situation is. And, so I noticed when people notice.

Debi Brooks:

You know, you talked quite a bit about Gus in your book as well. And of course, there's a little nice tribute and memorial to Gus, because Gus passed away. Say a little bit more about how Gus was part of that support system and that connection.

Michael J. Fox:

Gus was a huge part of it. Gus, it was a little bit about imagined it best. Gus was a rescue dog at the time when it looked like, "Who rescued you?" He as much rescued me as I rescued him. Yeah. It may be too even be modest to say that, but he was a big guy, a Great Dane, lab chow mix. Socially, I mean, you know me, the sweetest. People tell me that street dogs, this dog was just incredible, because if we had friends over for dinner, you go get and he'd get it. Respond somebody liked it. He said, we're going to chat with them and in some way, and then he'd go and get his blanket and he'd bring it over and put it down at that person's feet and he'd lie down. He'd time me through the night. And he just had a sweetness in everything he did.

Michael J. Fox:

And when I found him was, we went to a store in Martha's Vineyard and there was a notice on that board. There was this great big lab puppy that was up for adoption. And, I went home and I told Tracy, I saw this thing. And she said, "A dog?" And I said, "Yeah, I saw it and thought I'd mention it to you." So, we got to go check on this dog. And he been... Right around then I was starting to have difficulty walking and wanting to keep track and wanting to guess, I would say a point of contraction. And he came into my life and just blew that open. Walking blocks, five miles every day. And it got me through. I mean, I don't know, I don't want to sit in the porch and just... And we were walking.

Debi Brooks:

There's nothing like those support systems and you know. Another one, I think that's fair to put on the list is the Parkinson's community that you have found through your work at the Foundation. And you mentioned in the book that while we were at our gala, you're up on stage, you and Tracy, and you look out and you see thousands of faces and people you know, and people you don't know, and you were realizing, and you're saying in the book, how you start to really, it clicks. "Wow, we're really doing something." Why do you think we've been able to build this kind of impact?

Michael J. Fox:

I think what happened with the foundation, why it's the powerful thing that is, first of all, it's starts with the people and You and everybody... I mean I would hate to start the list, because I never include everybody that needs to be included. And we got this going and we had a set of principles that we lived by that we've adopted very early on, one was purity of motive. We talked about endowments, we didn't wanna have any endowments. The science was ahead of the money and we wanted to just throw money at the science and in that, and we live by that. And we live by other codes I suppose we came up with, because we were having to find a way to do it, having a way to do it. And it builds on it. Hadn't been done before. From a template that hadn't been created before.

Michael J. Fox:

It would have an affect and change the way things were. So, one of the things that happened was I started to notice that patients knew a lot of stuff. I just knew a lot of stuff, but patients knew a lot of stuff. And I realized patients, the experts at Parkinson's are people that have Parkinson's. A person with Parkinson's knows more about Parkinson's in an innate way in a profound way than anybody else. So, to not include them in our mission was silly. We actually said, we want to have the patient involvement. We just wrote that way. And then we retrofitted. We realized the value of... And having them on fundraising to research changes and transforms it. And so, it was much more powerful, and it just didn't just appear research and navigation and funding operations. I used to joke that I didn't want to call them

the foundation. The Michael J. Fox Foundation, that wasn't my idea, and I wanted to call it PD Cure. And I looked to Tracy, and she said, "Pedicure?" And I said, "Hole on, now it's Michael J. Fox Foundation.

Debi Brooks:

I think the world is grateful that you put your name on this and it has brought a magic to it. But I will say you were the first patient that stepped into this. And now, we simply have tens of thousands. So, when I think of those thousands of faces that happen to be in the room for a gala, I just think about the multitudes of people who now engage in whatever way suits them best. But there's a lot to be proud of. I think it did start with the purity of motive and a clarity about what we were going to be trying to do. We're going to do everything we can to accelerate a cure for Parkinson's. And if you're on board, and why wouldn't you be, come along because we need everybody engaged.

Michael J. Fox:

May I say one thing real quick thing about my involvement and I'm going to use the word magic. What happened and just a real quick rundown, or famous, like I originally came from Canada and I moved to the States, and I did a TV show and I became famous, and I did a movie and being more famous and I had this disease and didn't know what it was in the beginning. I didn't know. It was not famous, pitied. I got all kinds of awful glances. And I realized that all the stuff that happened to me, that it was so incredible, that could be applied to something really positive, and really, not just like one actor's career, like whether he did this show or that show or what. But like, to take that energy and apply it to this mission and say, "If you follow me through that stuff, only through this stuff is it's going to be somewhere really important." And it is really satisfying.

Debi Brooks:

Yeah. And I think that it's fair to say you've used it for good. We have another question here. This is from Sebastian and he's focused his thoughts on something something for the newly diagnosed let's hear from Sebastian.

Sebastian Kryz:

Hi, Michael. Hi Debi. I was diagnosed with PD back in 2019. Actually reading your last book right now and really appreciate you telling your story. One of the things that I was thinking about is, when you started your journey four books ago, decades ago, what do you wish you knew back then that you knew now as a newly diagnosed patient?

Michael J. Fox:

Hey, I appreciate the question. I wish I knew that 20 years later I'd be, I mean, vital important... saving life and then doing this work in so far along and just, a picture was painted for me that was pretty bleak. I would have assumed at the time the work in, and I have these losses. And the losses, I started through changes. And lose is how you look at it. And so lose became changing and...

Michael J. Fox:

So once became changing and, it was became challenges and we regret became a center and it just no, and I didn't know that what happened when I was first diagnosed, I saw a bus was coming. He was going to hit me and I didn't know when it was going to come and where it was going to come from. And, and I learned if I was going to possibly make, you that I didn't know that I would, I could, I would be able to write my own story to the extent that I did. They still take 10 years down, 20 years down the line I have the. . . I'm writing my story, Parkinson's isn't writing my story, Parkinson's is in my story, but I'm writing my story and it doesn't have to be grandiose. It doesn't have to be writing books around the world, but the Parkinson's are about my career by my life they're. It's as simple as like making myself breakfast in the morning. It's, I'm writing my story. I'm deciding if I'm going to have granola or bran flakes, I mean the Parkinson's isn't telling me that. Seems like a small thing, but when all those things, they collect up.

That where I'm so I invested in my life and, and this isn't me. This doesn't happen because I'm told that it's going to do this and do that. Let's see, let's see what happens.

Debi Brooks:

We've done a lot of looking back today. Let's close by looking ahead. Maybe, and even at the Foundation, what do you hope that the Foundation can be accomplishing this year in the next year? Like what, how are you looking ahead? Where, what excites you and, and what do you see

Michael J. Fox:

I see a student making his incremental progress in years, positive research. I see them. I was thinking well the image I have is bubbles, bits of light swirling in each other. And then hitting a critical mass and the light, coming in, all of this stuff will happen one day. It will be like, wow, we got a call from the lab. One of my company has done this thing where there's a treatment because Parkinson's is really, is we hit it at two levels. We want to cure it obviously. Probably identify a cause. But we can take what we learn in all the areas and find a treatment that whole progression and relieve symptoms. And we do that. It'd be amazing. And like every time you do that over, every time you point toward that we've increased our understanding of basic processes. And then you get a better understanding of why this protein reacts this way.

Michael J. Fox:

And I'm not a scientist but I love the scientists that I know. And I love the work they do and I'm positive that we'll get it. A young man, an uncle of a young man told me about his nephew, and he said he was diagnosed at 29. And he said, he want me to ask you what would you tell him, what advice would you give him? I said, well, I was diagnosed at 29. And the average age of a Parkinson's' diagnosis is 58, I have a lifetime ahead. I said, "You at 29, me at 29, I would think in the last days of my life we'll have this figured out. You could potentially still be a rather young man. And we'll get this answered. And that makes me feel as good as if I was in your situation. That's a powerful thing.

Debi Brooks:

I think, to be able to look ahead and feel that momentum is tangible and that so many things are now, marching towards that goal line. So many more things that are in clinical testing for the, with such a diverse set of approaches that are not just on things that will better manage symptoms, which by the way, having over a dozen new drugs that manage symptoms better in the last five to seven years has been a game changer for so many patients. But this portfolio now that's in phase one and phase two with scores of approaches that are actually going after the underlying disease progression. I think there is a lot that we could be doing and patients are going to be needed for that, getting these things over the goal line. And to your point, treating it better interfering with its progress, but even the possibility of being able to prevent the disease, we're learning so much more about whose at higher risk.

Debi Brooks:

And, and we now have tools that can tell us when people are at high risk are likely to convert to PD and the tools don't make the PD happen, but having more information about who might get PD and when, this is transforming what science can be doing as well. And so I think there is a lot to be excited about and it's happening now. I think that's great stuff. Michael, thanks today for this edition of talking about the book that come kind of hits at square root for the Parkinson's part of this experience of your life. And I'm grateful, cause I know our community is, follows this, you and this with interest and it's part of our fabric. So thanks for being here today and for sharing.

Michael J. Fox:

You know it means so much to me and the patients certainly. We've all been through something we're going through something but that's just part of our purification. It's part of our existence, it's the purity

of motive. It's usually like handle the periphery, but here's what we got to do. Here's what I want for my life and what I want for the life of others that I care about.

Debi Brooks:

Great. Thank you so much. Thanks everybody for being with us today.