



# A Friendship That Sparked a Dream

**Debbie Flamini** was diagnosed with Parkinson's disease in 2010 and soon joined an online Parkinson's forum, where she connected with **Katrina Allison**, who had been diagnosed the very same month. The two quickly formed a friendship and decided to meet in person at the Parkinson's Unity Walk in New York City. That meeting sparked **Team Debina's Dream** — blending their two names — and the beginning of an annual tradition of walking together in New York City. "The Unity Walk represents hope for a better future," said Debbie. After COVID-19, Debbie and her husband, Joe, began hosting a local walk in their community which they continue to this day. Together, they have raised more than \$125,000 for Parkinson's research.

# MVP

  
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