

Summer Salad
Black Eyed Pea Salad

- 1 can (15-1/2 ounces) Black Eyed Peas, rinsed and drained (or frozen)
- 1 large tomato diced
- 1 medium ripe avocado peeled and diced
- 1/3 cup chopped green pepper
- 2 green onions chopped ** if allergies (use celery)
- 1tablespoon minced fresh cilantro/parsley
- 1 Jalapeno Pepper, seeded and chopped
- 1/3 cup prepared Italian dressing

In a large serving bowl, combine all ingredients, toss to coat