**Email/Letter Template**

**Subject line**: Join the study that could change everything

Dear [**Friend**],

I’m reaching out because I need your help! I currently participate in a study called the Parkinson’s Progression Markers Initiative (PPMI) at [**YOUR SITE**]. PPMI is sponsored by The Michael J. Fox Foundation. It collects data over time to better understand how Parkinson’s starts and changes over time. That information could help better treat and even prevent disease.

The study is expanding and needs people with and without Parkinson’s disease (PD).

PPMI recently launched an online platform that is open to anyone over age 18 — with or without Parkinson’s — living in the United States. You can contribute to research from home by completing surveys online. To learn more and get started, visit [**michaeljfox.org/PPMI**](https://www.michaeljfox.org/news/parkinsons-research-ppmi-clinical-study?o_cid=oc-a1b1R000009evih).

[**YOUR SITE**] is recruiting people with certain factors:

* People diagnosed with Parkinson’s in the past two years and not taking PD medication (Age 30+)
* First-degree family members (parent, child, sibling) of a person with Parkinson’s (Age 60+)
* People who act out their dreams while asleep or who have a genetic mutation linked to PD (Age 60+)
* People without Parkinson’s and no known risk to act as a comparison group (Age 30+)

If you think you may be eligible, you can contact [**SITE**]’s study coordinator, [**NAME**], at [**PHONE NUMBER**] or [**EMAIL**].

PPMI is on a mission to stop Parkinson’s before it starts. I hope you’ll join me to advance scientific progress that can touch countless lives.

Sincerely,

[**YOUR NAME**]