**Newsletter Article**

More than six million people live with Parkinson’s, the world’s second most common brain disease. There is no cure or treatment to slow or stop the disease. At least not yet.

I’m part of a study at [**SITE**] that aims to change that. Over the past 10 years, The Michael J. Fox Foundation’s [**Parkinson’s Progression Markers Initiative (PPMI)**](https://www.michaeljfox.org/news/parkinsons-research-ppmi-clinical-study?o_cid=oc-a1b1R000009evih) has led to new findings on Parkinson’s. Now the study is expanding to reach more people and gain a better understanding of how brain disease starts and changes.

PPMI is open to anyone over 18 — with or without Parkinson’s — living in the United States. Participants share health information through online surveys.

Some medical centers, in and outside the U.S., also are recruiting people with certain factors:

* People diagnosed with Parkinson’s in the past two years and not currently taking Parkinson’s medication
* First-degree family members of a person with Parkinson’s
* People who act out their dreams while asleep or who have a genetic mutation linked to Parkinson’s
* People without Parkinson’s and no known risk to act as a comparison group

Today, whether you have Parkinson’s or not, you can get started by taking a short survey online at [**michaeljfox.org/PPMI**](https://www.michaeljfox.org/ppmi). Or contact [**SITE**] to learn more.

More women tend to volunteer — but the study needs the majority of its participants to be men aged 60 and up. Tell your brothers, fathers, grandfathers, uncles and friends about the critical role they can play in research.