**Dear PPMI Participant:**

Thank you for helping us spread the word about the Parkinson’s Progression Markers Initiative (PPMI). As a volunteer, you are best equipped to talk about the power and promise of this study.

PPMI is expanding our community of volunteers. And we need your help! The new, online part of PPMI is open to anyone over 18 — with or without Parkinson’s disease (PD) — living in the United States (with plans to expand in the future).

Sites, in and outside the U.S., also are recruiting people with certain factors:

* People diagnosed with Parkinson’s in the past two years and not taking PD medication (Age 30+)
* First-degree family members (parent, child, sibling) of a person with Parkinson’s (Age 60+)
* People who act out their dreams while asleep or who have a genetic mutation linked to PD (Age 60+)
* People without Parkinson’s and no known risk to act as a comparison group (Age 30+)

You can help educate others in your community about the importance of this research and how they can get involved. This PPMI Recruitment Toolkit contains materials to help spread the word:

* **Email/Letter Template:** This can be shared by email or mail with family, friends or other members of your community.
* **Flyer:** This can help promote PPMI and encourages individuals to learn more about participation.
* **Social Media Posts and Images:** These can be shared on your personal social media accounts on Facebook, Twitter and Instagram.
* **Newsletter Template:** This can be used in your local community newsletter, publication, church bulletin or pamphlet.
* **Presentation Slide Deck Template:** This can be used to present PPMI to potential volunteers.

Please make these items your own. You’ll also see places where you can customize and add your PPMI site’s name, for example. Add your own experience or motivation for joining PPMI.

If you have any questions or concerns, please let us know. Thank you again for helping us spread the word about this critical initiative. We are grateful for your dedication to the study.

**Sincerely,**

**The PPMI Team**